



L.dz.09/04/2025

Warsaw, 24/04/2025

31TH POLISH OPEN WUSHU KUNGFU CHAMPIONSHIPS PIASECZNO 2025

Date and place

Polish Wushu Federation invites to the 31th Polish Open Wushu Kungfu Championships, which will be held on May 31-June 01, 2025 in Giminny Ośrodek Sportu i Rekreacji Sports Hall, Sikorskiego 20 in Piaseczno.

Entries

All the entries must be submitted through the electronic system between **10.05.2025 do 24.05.2025 r.** until 23.59. Link to the electronic registration: **<http://funkytool.pl>**

For the clubs that have already participated in championships, the password and the login to the electronic system are the same as in the previous year.

Inquiries regarding the registration process shall be directed to the person responsible via e-mail address: **m.ignatowicz@pzwushu.pl**

Registering after the deadline will not be possible. All the changes in the completed registration are subject to the approval of the Competition Office and the Head Judge and if accepted, are subject to a late-entry fee of 50 EUR.

Regarding the category assignment in Taolu, Sanda/Light Sanda events the age of a competitor shall be considered as of 31/12/2025 (according to IWUF's regulations).

Participation terms

1. Non-member clubs participation is subject to the approval of the Board of Polish Wushu Federation.
2. Detailed participation terms are stated below in section *Registration*.
3. Each Taolu competitor may enter up to 4 (four) individual events and 1 (one) duilian (choreographed sparring).
4. If fewer than 4 (four) competitors should enter an event, it may be combined with another competition event. The manner of combining said events is Polish Wushu Federation's responsibility.

Regulations

During the 31th Polish Open Wushu Kungfu Championships, the following regulations will be implemented:

- Modern routine events, Taiji (Tai Chi) routine events, traditional routine events : Polish Wushu Federation Wushu Taolu Competition Rules 2022 developed on the basis of IWUF's regulations. Optional routine events will be conducted without evaluation of the elements with the degree of difficulty of movements (Nandu).
- Sanda/Light Sanda of juniors and seniors: IWUF's Polish Wushu Federation regulations.

Taolu Events

Traditional Routine Events

1. Southern systems
2. Northern systems
3. Broadsword routines
4. Sword routines
5. Cudgel routines
6. Spear routines
7. Other short weapons
8. Other long weapons
9. Duilian

Modern Routine Events

1. Optional routines (18 years old and above): Changquan, Daoshu, Jianshu, Gunshu, Qiangshu, Nanquan, Nandao, Nangun.
2. Compulsory routines (age group A, B and seniors): 1 Set Changquan, 1 Set Daoshu, 1 Set Jianshu, 1 Set Gunshu, 1 Set Qiangshu, 1 Set Nanquan, 1 Set Nandao, 1 Set Nangun, 1 Set Taijiquan (42 Taijiquan), 1 Set Taijijian (42 Taijijian).
3. Compulsory routines (age group A and seniors): 3 Set Changquan, 3 Set Daoshu, 3 Set Jianshu, 3 Set Gunshu, 3 Set Qiangshu, 3 Set Nanquan, 3 Set Nandao, 3 Set Nangun, 3 Set Taijiquan, 3 Set Taijijian, 3 Set Taijishan.
4. Compulsory routines (age group C, B, A and seniors): elementary Changquan (32 Changquan), elementary Daoshu, elementary Jianshu, elementary Gunshu, elementary Qiangshu, elementary Nanquan, elementary Nandao, elementary Nangun.
5. First Step (demonstration events): Wu Bu Quan

Taijiquan Routine Events

1. Compulsory barehand routines: 24 Taijiquan, 32 Taijiquan, 42 Taijiquan, 40 Yang Taijiquan, 56 Chen Taijiquan, 45 Wu Taijiquan, 46 Wu Taijiquan, 73 Sun Taijiquan, standardized Yang routine, standardized Chen routine,
2. Compulsory weapon routines: 32 Taijijian, 42 Taijijian, standardized Yang Taijijian, standardized Chen Taijijian,
3. Traditional barehand routines: Chen Taijiquan, other Taijiquan styles,
4. Traditional Yang Taijidao (Yang style routine with broadsword),
5. Traditional Chen Taijidao (Chen style routine with broadsword),
6. Traditional Yang Taijijian (Yang style routine with sword),
7. Traditional Chen Taijijian (Chen style routine with sword),
8. Taiji routines with other short weapons,
9. Taiji routines with other long weapons

Traditional Routines and Taijiquan – age categories

1. Group 1: 8 years of age and below (born in 2017 and later)
2. Group 2: 9-11 years of age (born in 2014, 2015, 2016)
3. Group 3: 12-14 years of age (born in 2011, 2012, 2013)
4. Group 4: 15-17 years of age (born in 2008, 2009, 2010)

5. Group 5: 18-39 years of age (born between 1986 – 2007)
6. Group 6: 40-59 years of age (born between 1966 – 1985)
7. Group 7: 60 years of age and above (born in 1965 and earlier).

Modern Routines – age categories

1. Juniors age category C: born in 2014, 2015, 2016, 2017
2. Juniors age category B: born in 2011, 2012, 2013
3. Juniors age category A: born in 2007, 2008, 2009, 2010
4. Seniors: born in 2006 and earlier.

During the registration process a full date of birth (day, month, year) of an athlete shall be provided.

Traditional Routines – time limits

Time limits in traditional routine events are specified in the Polish Wushu Federation Wushu Taolu Competition Rules (2022), which are in accordance with the requirements of International Wushu Federation.

Traditional Routine Events time limit: 40 seconds to 2 minutes.

Modern Routines – time limits

Time limits in traditional routine events are specified in the Polish Wushu Federation Wushu Taolu Competition Rules (2022), which are in accordance with the requirements of International Wushu Federation.

1. Optional routines (18 years of age and above): Changquan, Daoshu, Jianshu, Gunshu, Qiangshu, Nanquan, Nandao, Nangun: minimally 1 minute 20 seconds.
2. Compulsory routines (B, A age group and seniors): 1 Set Changquan, 1 Set Daoshu, 1 Set Jianshu, 1 Set Gunshu, 1 Set Qiangshu, 1 Set Nanquan, 1 Set Nandao, 1 Set Nangun, 1 Set Taijiquan (42 Taijiquan), 1 Set Taijijian (42 Taijijian): minimally 1 minute 10 seconds for juniors and 1 minute 20 seconds for seniors.
3. Compulsory routines (A age group and seniors): 3 Set Changquan, 3 Set Daoshu, 3 Set Jianshu, 3 Set Gunshu, 3 Set Qiangshu, 3 Set Nanquan, 3 Set Nandao, 3 Set Nangun, 3 Set Taijiquan, 3 Set Taijijian, 3 Set Taijishan: minimally 1 minute 10 seconds for juniors, 1 minute 20 seconds for seniors.
4. Compulsory Routines (C, B, A age group and seniors): elementary Changquan (32 Changquan), elementary Daoshu, elementary Jianshu, elementary Gunshu, elementary Qiangshu, elementary Nanquan, elementary Nandao, elementary Nangun: without the time limit.
5. First Step (demonstration events): Wu Bu Quan: without the time limit.

Taijiquan Routines – time limits

Time limits in traditional routine events are specified in the Polish Wushu Federation Wushu Taolu Competition Rules (2022), which are in accordance with the requirements of International Wushu Federation.

1. Compulsory barehand routines:
 - a. 24 Taijiquan: 4-5 minutes,
 - b. 32 Taijiquan: 4-5 minutes,
 - c. 42 Taijiquan, 40 Yang Taijiquan, 56 Chen Taijiquan, 45 Wu Taijiquan, 46 Wu Taijiquan, 73 Sun Taijiquan: 5-6 minutes,
 - d. Standardized Yang routine, Standardized Chen routine: 3-4 minutes,
2. Compulsory weapon routines: 32 Taijijian, 42 Taijijian, Standardized Yang Taijijian, Standardized Chen Taijijian: 3-4 minutes,
3. Traditional barehand routines: Chen Taijiquan, other Taijiquan styles: 3-4 minutes,
4. Traditional Yang Taijidao (Yang style routine with broadsword): 3-4 minutes,
5. Traditional Chen Taijidao (Chen style routine with broadsword): 40 seconds to 2 minutes,
6. Traditional Yang Taijijian (Yang style routine with sword): 3-4 minutes,

7. Traditional Chen Taijijian(Chen style routine with sword): 3-2 minutes,
8. Taiji routines with other short weapons: 2-4 minutes,
9. Taiji routines with long weapons: 2-4 minutes.

Sanda/Light Sanda competition

Age and weight categories in Light Sanda (former Qingda)

1. 8 years of age and below (boys and girls), current weight of the competitor must be provided during the registration process,
2. 9-10 years of age (boys and girls), current weight of the competitor must be provided during the registration process,
3. 11-12 years of age (boys and girls), current weight of the competitor must be provided during the registration process,
4. Youngsters 13-14 years of age (boys and girls), weight categories (kg): -39, -42, -45, -48, -52, -56, -60, +60,
5. Juniors (Cadets) 15-16 years of age, boys, weight categories (kg): -48, -52, -56, -60, -65, -70, -75, -80, +80,
6. Juniors (Cadets) 15-16 years of age, girls, weight categories (kg): -48, -52, -56, -60, -65, +65,
7. Juniors 17 years of age, boys, weight categories (kg): -48, -52, -56, -60, -65, -70, -75, -80, +80,
8. Juniors 17 years of age, girls, weight categories (kg): -48, -52, -56, -60, -65, -70, +70,
9. Seniors 18-40 years of age, men, weight category (kg): -48, -52, -56, -60, -65, -70, -75, -80, -85, -90, +90,
10. Seniors 18-40 years of age, women, weight categories (kg): -48, -52, -56, -60, -65, -70, +70.

Age and weight categories in Sanda:

1. Juniors (Cadets) 15-16 years of age, boys, weight categories (kg): -48, -52, -56, -60, -65, -70, -75, -80, +80
2. Junior (Cadets) 15-16 years of age, girls, weight categories (kg): -48, -52, -56, -60, -65, +65
3. Juniors 17 years of age, boys, weight categories (kg): 48, -52, -56, -60, -65, -70, -75, -80, -85, +85
4. Juniors 17 years of age, girls, weight categories (kg): -48, -52, -56, -60, -65, -70, +70
5. Seniors 18-40 years of age, men, weight categories (kg): -48, -52, -56, -60, -65, -70, -75, -80, -85, -90, +90
6. Seniors 18-40 years of age, women, weight categories (kg): -48, -52, -56, -60, -65, -70, +70

Protective equipment

In all Sanda and Light Sanda events the protective equipment specified in the IWUF regulations applies. Gloves and other protective equipment shall be self-provided by the sport clubs. Protective equipment includes:

1. Gloves
 - Hand wrapping under the gloves in Light Sanda events is forbidden.
 - Gloves weight: children, juniors, female athlete categories, seniors up to 65 kg: 8 OZ, seniors from -70 kg up to -90 kg: 10 OZ, seniors from 90 kg and above: 12 OZ.
2. Open-face headgear,
3. Chest protector,
4. groin protector,
5. mouth guard (mandatory for athletes from 13 years of age and above),
6. shin and foot pads (only in Light Sanda events).

Sanda/Light Sanda attire

During the 31th Polish Open Wushu Kungfu Championships in Sanda/Light Sanda events the following attire is required:

- tank top, depending on the assigned corner (blue and red).
- Short pants in accordance with IWUF regulations
- inscriptions on the attire is forbidden (e.g.: Muai Thai, Kick Boxing, MMA etc.)

Competition schedule

Date	Time	Activity	Place
30/05	Whole day	Team arrivals (Taolu, Sanda) registration (Taolu, Sanda), weigh-in (Sanda)	De Silva Hotel, Piaseczno
31/05	Whole day	Taolu and Sanda competition	GOSiR Sports Hall, Piaseczno
01/06	Whole day	Taolu and Sanda Competition	GOSiR Sports Hall, Piaseczno

Registration and weigh-in

Weigh-in of the competitors, submission of documents, implementation of possible adjustments in the registration: 30/05/2025 between 18:00-21:00, Conference Hall at De Silva Hotel, Puławska 42, Piaseczno (for everybody).

Registration must be submitted by a team leader.

Required documents

1. A printed copy of the registration from the Funkytool system,
2. Life Accidental Injury Insurance Certificate for competitors for the duration of the championships,
3. Valid certificate from a doctor stating athlete's ability to participate in championships in English in accordance with Health Ministry regulation.
4. All Sanda/Light Sanda registered competitors shall be present during weigh-in procedure. The absence results in removal from the starting lists.
5. During weigh-in, all Sanda/Light Sanda competitors are required to present a valid ID card or other document with a photo, confirming the date of birth. Lack of the document results in removal from the starting lists. In such an instance the registration fee will not be refunded.
6. In case of a withdrawal at the stage of registration process the registration fee will not be refunded.
7. Once the electronic registration is concluded any late entry is subject to the approval of the Board of Polish Wushu Federation. The fee for each modification is 200 PLN.

Accommodation

DeSilva Hotel, Puławska 42, Piaseczno.

Room pricelist per night:

- Single room with breakfast: 90 EUR per person
- Double room with breakfast: 70 EUR per person

Please send the preliminary room request on the sent form by **15/05/2025**. Final statement of the costs shall be sent to Polish Wushu Federation Office by **25/05/2025**. The payment for the hotel should be sent to the account given below by **25/05/2025**. Please send the payment confirmation (registration fees and the hotel) to Polish Wushu Federation Office via e-mail.

Participation Fee

- 30 EUR for athlete

Payments shall be made to the following bank account by 28/05/2025:

Polish Wushu Federation

rtm. W. Pileckiego 122, 02-781 Warsaw

Bank account in EUR: IBAN PL51 1750 0009 0000 0000 2252 5778 SWIFT/BIC PPABPLPK

Payment title: Participation fee/Hotel fee

In individual cases, teams that are unable to pay by a bank transfer may pay their relevant participation fees in cash to the competition office upon arrival. In such case, please inform the competition office in advance by sending an email to: biuro@pzwushu.pl.

Competition office - contact

Organizational matters:

Fees and licenses:

Anna Włodarczyk – President, e-mail: a.wlodarczyk@pzwushu.pl

Jacek Świątkowski – Vice President, e-mail: j.swiatkowski@pzwushu.pl

Dariusz Piwowarski - Secretary General, e-mail: d.piwowarski@pzwushu.pl

Competition office:

Polski Związek Wushu, Pileckiego 122 Street, 02-781 Warsaw

E-mail: biuro@pzwushu.pl tel. +48 22 628 90 84, mob. +48 507 088 465

We invite you to participate,

Board of Polish Wushu Federation