

session 1 Nov. 30, 2019, 9 a.m.

#	event
1	Southern Styles under 9 years men (Traditional Routines)
2	Southern Styles under 9 years women (Traditional Routines)
3	Southern Styles 9-11 years men (Traditional Routines)
4	Southern Styles 9-11 years women (Traditional Routines)
5	Southern Styles 12-14 years men (Traditional Routines)
6	Southern Styles 12-14 years women (Traditional Routines)
7	Southern Styles 15-17 years men (Traditional Routines)
8	Southern Styles 15-17 years women (Traditional Routines)
9	Southern Styles 18-39 years men (Traditional Routines)
10	Southern Styles 18-39 years women (Traditional Routines)
11	Southern Styles 40-60 years men (Traditional Routines), Southern Styles 40-60 years women (Traditional Routines)

session 2 Nov. 30, 2019, 3 p.m.

#	event
1	Northern Styles under 9 years men (Traditional Routines), Northern Styles under 9 years women (Traditional Routines)
2	Northern Styles 9-11 years men (Traditional Routines)
3	Northern Styles 9-11 years women (Traditional Routines)
4	Northern Styles 12-14 years men (Traditional Routines)
5	Northern Styles 12-14 years women (Traditional Routines)
6	Northern Styles 15-17 years men (Traditional Routines), Northern Styles 15-17 years women (Traditional Routines)
7	Northern Styles 18-39 years men (Traditional Routines), Northern Styles 18-39 years women (Traditional Routines), Northern Styles 40-60 years men (Traditional Routines)
8	Xiao Nian Tou (Shil Lim Tao) 9-11 years women (Traditional Routines), Xiao Nian Tou (Shil Lim Tao) 12-14 years women (Traditional Routines)
9	Xiao Nian Tou (Shil Lim Tao) 18-39 years men (Traditional Routines), Xiao Nian Tou (Shil Lim Tao) 40-60 years men (Traditional Routines)
10	Xiao Nian Tou (Shil Lim Tao) 18-39 years women (Traditional Routines)
11	Xun Qiao (Chum Kil) 9-11 years women (Traditional Routines), Xun Qiao (Chum Kil) 12-14 years women (Traditional Routines)
12	Xun Qiao (Chum Kil) 18-39 years men (Traditional Routines)
13	Xun Qiao (Chum Kil) 18-39 years women (Traditional Routines)
14	Biao Zhi (Bil Jee) 18-39 years men (Traditional Routines), Biao Zhi (Bil Jee) 18-39 years women (Traditional Routines)
15	Liu Dian Ban Gun (Look Dim Boon Kwun) 18-39 years men (Traditional Routines)
16	Liu Dian Ban Gun (Look Dim Boon Kwun) 18-39 years women (Traditional Routines)
17	Hu Die Shuang Dao (Bart Cham Dao) 18-39 years men (Traditional Routines), Hu Die Shuang Dao (Bart Cham Dao) 18-39 years women (Traditional Routines)

opening ceremony Nov. 30, 2019, 7 p.m.**session 3 Dec. 1, 2019, 9 a.m.**

#	event
1	Other Long Apparatus Routines 9-11 years men (Traditional Routines), Other Long Apparatus Routines 9-11 years women (Traditional Routines)
2	Other Long Apparatus Routines 12-14 years men (Traditional Routines)
3	Other Long Apparatus Routines 15-17 years men (Traditional Routines), Other Long Apparatus Routines 15-17 years women (Traditional Routines)
4	Other Long Apparatus Routines 18-39 years men (Traditional Routines), Other Long Apparatus Routines 40-60 years men (Traditional Routines)
5	Other Long Apparatus Routines 18-39 years women (Traditional Routines)
6	Other Short and Soft Apparatus R under 9 years men (Traditional Routines), Other Short and Soft Apparatus R under 9 years women (Traditional Routines)
7	Other Short and Soft Apparatus R 9-11 years women (Traditional Routines)
8	Other Short and Soft Apparatus R 9-11 years men (Traditional Routines)
9	Other Short and Soft Apparatus R 12-14 years men (Traditional Routines)
10	Other Short and Soft Apparatus R 12-14 years women (Traditional Routines)
11	Other Short and Soft Apparatus R 15-17 years men (Traditional Routines)
12	Other Short and Soft Apparatus R 15-17 years women (Traditional Routines)
13	Other Short and Soft Apparatus R 18-39 years men (Traditional Routines), Other Short and Soft Apparatus R 40-60 years men (Traditional Routines)
14	Other Short and Soft Apparatus R 18-39 years women (Traditional Routines), Other Short and Soft Apparatus R 40-60 years women (Traditional Routines)
15	Duilian (Set Sparring) 9-11 years women (Traditional Routines)
16	Duilian (Set Sparring) 15-17 years men (Traditional Routines), Duilian (Set Sparring) 15-17 years women (Traditional Routines)
17	Duilian (Set Sparring) 18-39 years women (Traditional Routines)

#	event
18	Duilian (Set Sparring) 40-60 years men (Traditional Routines)