session 1 Nov. 19, 2022, 9 a.m.

#	event
1	Chen Style Taijiquan (traditional) 12-14 years women (Taijiquan Routines), Chen Style Taijiquan (traditional) 18-39 years women (Taijiquan Routines), Taijiquan Various Styles (traditional) 15-17 years women (Taijiquan Routines), Taijiquan Various Styles (traditional) 40-60 years men (Taijiquan Routines)
2	Simplified 24 Movements Taijiquan 18-39 years women (Taijiquan Routines), Simplified 24 Movements Taijiquan 40-60 years men (Taijiquan Routines), Simplified 24 Movements Taijiquan 40-60 years women (Taijiquan Routines)
3	42 Movements Taijiquan 12-14 years women (Taijiquan Routines), 42 Movements Taijiquan 18-39 years women (Taijiquan Routines)
4	Yang Style Taijiquan (40 Movements) 18-39 years women (Taijiquan Routines), Yang Style Taijiquan (40 Movements) 40-60 years men (Taijiquan Routines), Yang Style Taijiquan (40 Movements) 40-60 years women (Taijiquan Routines), Yang Style Taijiquan (40 Movements) over 60 years women (Taijiquan Routines)
5	42 Movements Taijijian 12-14 years women (Taijiquan Routines), 42 Movements Taijijian 18-39 years women (Taijiquan Routines)
6	Taijiquan 32 40-60 years women (Taijiquan Routines), Taijiquan 32 over 60 years women (Taijiquan Routines)
7	Chen Style Taijijian (traditional) 18-39 years women (Taijiquan Routines), Taijiquan Short Weapons (traditional) 40-60 years women (Taijiquan Routines)

awarding ceremony

session 2 Nov. 19, 2022, 3 p.m.

#	event
1	Changquan Optional taolu (over 18years) men (Optional Routines (no nandu required))
2	Changquan 1 Set Group B (12-14years) women (Compulsory Routines)
3	Changquan 32 Movements Group B (12-14years) women (Compulsory Routines), Changquan 32 Movements Group A (15-17years) women (Compulsory Routines), Changquan 32 Movements Obligatory taolu 18-39 years women (Compulsory Routines)
4	Changquan 32 Movements Group C (under 12) men (Compulsory Routines)
5	Daoshu Optional taolu (over 18years) men (Optional Routines (no nandu required)), Jianshu Optional taolu (over 18years) men (Optional Routines (no nandu required))
6	Jianshu 1 Set Group A (15-17years) women (Compulsory Routines), Jianshu 1 Set Obligatory taolu 18-39 years women (Compulsory Routines)
7	Jianshu 32 Movements Group B (12-14years) women (Compulsory Routines), Jianshu 32 Movements Group A (15-17years) women (Compulsory Routines), Jianshu 32 Movements Obligatory taolu 18-39 years women (Compulsory Routines)
8	Gunshu Optional taolu (over 18years) men (Optional Routines (no nandu required)), Qiangshu Optional taolu (over 18years) men (Optional Routines (no nandu required)), Gunshu 1 Set Obligatory taolu 18-39 years men (Compulsory Routines)
9	Qiangshu 2 Set Group A (15-17years) women (Compulsory Routines)
10	Gunshu 1 Set Group B (12-14years) women (Compulsory Routines)
11	Gunshu 32 Movements Group C (under 12) men (Compulsory Routines)

awarding ceremony