

session 1 Nov. 19, 2022, 9 a.m.

#	event
1	Chen Style Taijiquan (traditional) - 12-14 years girls - Taijiquan Routines, Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines, Taijiquan Various Styles (traditional) - 15-17 years girls - Taijiquan Routines, Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines
2	Simplified 24 Movements Taijiquan - 18-39 years women - Taijiquan Routines, Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines, Simplified 24 Movements Taijiquan - 40-59 years women - Taijiquan Routines
3	42 Movements Taijiquan - 12-14 years girls - Taijiquan Routines, 42 Movements Taijiquan - 18-39 years women - Taijiquan Routines
4	Yang Style Taijiquan (40 Movements) - 18-39 years women - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 40-59 years men - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 60 years and above women - Taijiquan Routines
5	42 Movements Taijijian - 12-14 years girls - Taijiquan Routines, 42 Movements Taijijian - 18-39 years women - Taijiquan Routines
6	Taijiquan 32 - 40-59 years women - Taijiquan Routines, Taijiquan 32 - 60 years and above women - Taijiquan Routines
7	Chen Style Taijijian (traditional) - 18-39 years women - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 40-59 years women - Taijiquan Routines

awarding ceremony**session 2** Nov. 19, 2022, 3 p.m.

#	event
1	Changquan - 18 years and above men - Optional Routines (no nandu required)
2	Changquan 1 Set - Group B (12-14years) girls - Compulsory Routines
3	Changquan 32 Movements - Group B (12-14years) girls - Compulsory Routines, Changquan 32 Movements - Group A (15-17years) girls - Compulsory Routines, Changquan 32 Movements - 18-39 years women - Compulsory Routines
4	Changquan 32 Movements - Group C (under 12) boys - Compulsory Routines
5	Daoshu - 18 years and above men - Optional Routines (no nandu required), Jianshu - 18 years and above men - Optional Routines (no nandu required)
6	Jianshu 1 Set - Group A (15-17years) girls - Compulsory Routines, Jianshu 1 Set - 18-39 years women - Compulsory Routines
7	Jianshu 32 Movements - Group B (12-14years) girls - Compulsory Routines, Jianshu 32 Movements - Group A (15-17years) girls - Compulsory Routines, Jianshu 32 Movements - 18-39 years women - Compulsory Routines
8	Gunshu - 18 years and above men - Optional Routines (no nandu required), Qiangshu - 18 years and above men - Optional Routines (no nandu required), Gunshu 1 Set - 18-39 years men - Compulsory Routines
9	Qiangshu 2 Set - Group A (15-17years) girls - Compulsory Routines
10	Gunshu 1 Set - Group B (12-14years) girls - Compulsory Routines
11	Gunshu 32 Movements - Group C (under 12) boys - Compulsory Routines

awarding ceremony