

**session 1** Dec. 4, 2021, 9 a.m.

#	event
1	Chen Style Taijiquan (traditional) 40-60 years women (Taijiquan Routines), Yang Style Taijiquan New Standardized Routine 18-39 years women (Taijiquan Routines), Chen Style Taijiquan New Standardized Routine 18-39 years women (Taijiquan Routines)
2	Yang Style Taijiquan (40 Movements) 40-60 years women (Taijiquan Routines), Yang Style Taijiquan (40 Movements) over 60 years women (Taijiquan Routines)
3	Taijiquan 32 over 60 years women (Taijiquan Routines), Simplified 24 Movements Taijiquan 12-14 years men (Taijiquan Routines), Simplified 24 Movements Taijiquan 40-60 years women (Taijiquan Routines), Simplified 24 Movements Taijiquan over 60 years women (Taijiquan Routines)
4	Simplified 32 Movements Taijijian 40-60 years women (Taijiquan Routines), Yang Style Taijijian New Standardized Routine 18-39 years women (Taijiquan Routines), Chen Style Taijijian New Standardized Routine 18-39 years women (Taijiquan Routines)
5	Yang Style Taiji Dao (traditional) 40-60 years men (Taijiquan Routines), Taijiquan Short Weapons (traditional) 18-39 years women (Taijiquan Routines), Taijiquan Short Weapons (traditional) 40-60 years men (Taijiquan Routines)
6	Taijiquan Long Weapons (traditional) 18-39 years women (Taijiquan Routines)

**session 2** Dec. 4, 2021, 3 p.m.

#	event
1	Wu Bu Quan under 9 years men (Demonstration Event), Wu Bu Quan under 9 years women (Demonstration Event)
2	Changquan Yi Lu Group C (under 12) men (Compulsory Routines)
3	Changquan 32 Movements Group C (under 12) men (Compulsory Routines), Changquan 32 Movements Group C (under 12) women (Compulsory Routines)
4	Changquan 32 Movements Group B (12-14years) women (Compulsory Routines), Changquan 32 Movements Group A (15-17years) women (Compulsory Routines)
5	Changquan 32 Movements Obligatory taolu 18-39 years women (Compulsory Routines), Nanquan 32 Movements Obligatory taolu 18-39 years men (Compulsory Routines)
6	Changquan 1 Set Group B (12-14years) women (Compulsory Routines), Changquan 1 Set Group A (15-17years) women (Compulsory Routines), Nanquan 1 Set Group A (15-17years) women (Compulsory Routines)
7	Changquan Optional taolu (over 18years) men (Optional Routines (no nandu required)), Changquan 1 Set Obligatory taolu 18-39 years men (Compulsory Routines), Changquan 3 Set Group A (15-17years) men (Compulsory Routines)
8	Jianshu 32 Movements Group C (under 12) women (Compulsory Routines), Daoshu 32 Movements Group C (under 12) men (Compulsory Routines), Daoshu 32 Movements Group C (under 12) women (Compulsory Routines)
9	Daoshu 32 Movements Group B (12-14years) women (Compulsory Routines)
10	Daoshu 32 Movements Obligatory taolu 18-39 years women (Compulsory Routines), Nandao 32 Movements Obligatory taolu 18-39 years men (Compulsory Routines)
11	Daoshu Optional taolu (over 18years) men (Optional Routines (no nandu required)), Daoshu Optional taolu (over 18years) women (Optional Routines (no nandu required)), Jianshu Optional taolu (over 18years) men (Optional Routines (no nandu required)), Jianshu Optional taolu (over 18years) women (Optional Routines (no nandu required)), Daoshu 1 Set Group A (15-17years) men (Compulsory Routines)
12	Gunshu 32 Movements Group C (under 12) men (Compulsory Routines), Gunshu 32 Movements Group C (under 12) women (Compulsory Routines), Gunshu 32 Movements Group B (12-14years) women (Compulsory Routines), Qiangshu 32 Movements Group C (under 12) women (Compulsory Routines)
13	Gunshu 1 Set Group B (12-14years) women (Compulsory Routines), Gunshu 1 Set Group A (15-17years) men (Compulsory Routines), Qiangshu 2 Set Group A (15-17years) women (Compulsory Routines)