

session 1 Dec. 4, 2021, 9 a.m.

#	event
1	Chen Style Taijiquan (traditional) - 40-59 years women - Taijiquan Routines, Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines, Chen Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines
2	Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 60 years and above women - Taijiquan Routines
3	Taijiquan 32 - 60 years and above women - Taijiquan Routines, Simplified 24 Movements Taijiquan - 12-14 years boys - Taijiquan Routines, Simplified 24 Movements Taijiquan - 40-59 years women - Taijiquan Routines, Simplified 24 Movements Taijiquan - 60 years and above women - Taijiquan Routines
4	Simplified 32 Movements Taijiquan - 40-59 years women - Taijiquan Routines, Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines, Chen Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines
5	Yang Style Taiji Dao (traditional) - 40-59 years men - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 18-39 years women - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 40-59 years men - Taijiquan Routines
6	Taijiquan Long Weapons (traditional) - 18-39 years women - Taijiquan Routines

session 2 Dec. 4, 2021, 3 p.m.

#	event
1	Wu Bu Quan - under 9 years boys - Demonstration Compulsory Routines, Wu Bu Quan - under 9 years girls - Demonstration Compulsory Routines
2	Changquan Yi Lu - Group C (under 12) boys - Compulsory Routines
3	Changquan 32 Movements - Group C (under 12) boys - Compulsory Routines, Changquan 32 Movements - Group C (under 12) girls - Compulsory Routines
4	Changquan 32 Movements - Group B (12-14years) girls - Compulsory Routines, Changquan 32 Movements - Group A (15-17years) girls - Compulsory Routines
5	Changquan 32 Movements - 18-39 years women - Compulsory Routines, Nanquan 32 Movements - 18-39 years men - Compulsory Routines
6	Changquan 1 Set - Group B (12-14years) girls - Compulsory Routines, Changquan 1 Set - Group A (15-17years) girls - Compulsory Routines, Nanquan 1 Set - Group A (15-17years) girls - Compulsory Routines
7	Changquan - 18 years and above men - Optional Routines (no nandu required), Changquan 1 Set - 18-39 years men - Compulsory Routines, Changquan 3 Set - Group A (15-17years) boys - Compulsory Routines
8	Jianshu 32 Movements - Group C (under 12) girls - Compulsory Routines, Daoshu 32 Movements - Group C (under 12) boys - Compulsory Routines, Daoshu 32 Movements - Group C (under 12) girls - Compulsory Routines
9	Daoshu 32 Movements - Group B (12-14years) girls - Compulsory Routines
10	Daoshu 32 Movements - 18-39 years women - Compulsory Routines, Nandao 32 Movements - 18-39 years men - Compulsory Routines
11	Daoshu - 18 years and above men - Optional Routines (no nandu required), Daoshu - 18 years and above women - Optional Routines (no nandu required), Jianshu - 18 years and above men - Optional Routines (no nandu required), Jianshu - 18 years and above women - Optional Routines (no nandu required), Daoshu 1 Set - Group A (15-17years) boys - Compulsory Routines
12	Gunshu 32 Movements - Group C (under 12) boys - Compulsory Routines, Gunshu 32 Movements - Group C (under 12) girls - Compulsory Routines, Gunshu 32 Movements - Group B (12-14years) girls - Compulsory Routines, Qiangshu 32 Movements - Group C (under 12) girls - Compulsory Routines
13	Gunshu 1 Set - Group B (12-14years) girls - Compulsory Routines, Gunshu 1 Set - Group A (15-17years) boys - Compulsory Routines, Qiangshu 2 Set - Group A (15-17years) girls - Compulsory Routines