

**session 1** Nov. 30, 2019, 9 a.m.

| #  | event   |
|----|---|
| 1  | Wu Bu Quan under 9 years men (Demonstration Event)  |
| 2  | Wu Bu Quan under 9 years women (Demonstration Event)  |
| 3  | Changquan 24 under 9 years men (Demonstration Event),<br>Changquan 24 9-11 years women (Demonstration Event),<br>Changquan 24 12-14 years women (Demonstration Event)   |
| 4  | 1st Duan Changquan under 9 years men (Demonstration Event),<br>1st Duan Changquan under 9 years women (Demonstration Event),<br>1st Duan Changquan 9-11 years men (Demonstration Event),<br>1st Duan Changquan 9-11 years women (Demonstration Event) |
| 5  | Changquan 32 under 9 years women (Demonstration Event),<br>Changquan 32 9-11 years women (Demonstration Event)  |
| 6  | Changquan Optional taolu (over 18years) men (Optional Routines (no nandu required)),<br>Changquan Group A (15-17years) men (Compulsory Routines),<br>Changquan Obligatory taolu 18-39 years men (Compulsory Routines)                                 |
| 7  | Changquan Optional taolu (over 18years) women (Optional Routines (no nandu required)),<br>Changquan Group A (15-17years) women (Compulsory Routines),<br>Changquan Obligatory taolu 18-39 years women (Compulsory Routines)                           |
| 8  | Changquan Group C (under 12) men (Compulsory Routines),<br>Changquan Group C (under 12) women (Compulsory Routines)   |
| 9  | Changquan Group B (12-14years) men (Compulsory Routines),<br>Changquan Group B (12-14years) women (Compulsory Routines)   |
| 10 | Daoshu Optional taolu (over 18years) men (Optional Routines (no nandu required)),<br>Daoshu Group A (15-17years) men (Compulsory Routines)  |
| 11 | Daoshu Optional taolu (over 18years) women (Optional Routines (no nandu required)),<br>Daoshu Group A (15-17years) women (Compulsory Routines)  |
| 12 | Jianshu Optional taolu (over 18years) men (Optional Routines (no nandu required)),<br>Jianshu Group A (15-17years) men (Compulsory Routines)  |
| 13 | Daoshu Group C (under 12) men (Compulsory Routines),<br>Daoshu Group C (under 12) women (Compulsory Routines),<br>Jianshu Group C (under 12) men (Compulsory Routines)  |
| 14 | Daoshu Group B (12-14years) men (Compulsory Routines),<br>Daoshu Group B (12-14years) women (Compulsory Routines)   |
| 15 | Jianshu Group B (12-14years) men (Compulsory Routines),<br>Jianshu Group B (12-14years) women (Compulsory Routines)   |
| 16 | Nanquan Group B (12-14years) men (Compulsory Routines)  |

**session 2** Nov. 30, 2019, 3 p.m.

| #  | event   |
|----|---|
| 1  | Gunshu Optional taolu (over 18years) men (Optional Routines (no nandu required)),<br>Qiangshu Optional taolu (over 18years) men (Optional Routines (no nandu required)),<br>Gunshu Group A (15-17years) men (Compulsory Routines),<br>Qiangshu Group A (15-17years) men (Compulsory Routines) |
| 2  | Gunshu Group C (under 12) men (Compulsory Routines),<br>Gunshu Group C (under 12) women (Compulsory Routines),<br>Qiangshu Group C (under 12) women (Compulsory Routines)   |
| 3  | Gunshu Group B (12-14years) men (Compulsory Routines),<br>Gunshu Group B (12-14years) women (Compulsory Routines)   |
| 4  | Nangun Group B (12-14years) men (Compulsory Routines)   |
| 5  | Broadsword Routines under 9 years men (Traditional Routines),<br>Broadsword Routines under 9 years women (Traditional Routines)   |
| 6  | Broadsword Routines 9-11 years men (Traditional Routines)   |
| 7  | Broadsword Routines 9-11 years women (Traditional Routines)   |
| 8  | Broadsword Routines 12-14 years men (Traditional Routines)  |
| 9  | Broadsword Routines 12-14 years women (Traditional Routines)  |
| 10 | Broadsword Routines 15-17 years men (Traditional Routines)  |
| 11 | Broadsword Routines 15-17 years women (Traditional Routines)  |
| 12 | Broadsword Routines 18-39 years men (Traditional Routines),<br>Broadsword Routines 40-60 years men (Traditional Routines)   |
| 13 | Broadsword Routines 18-39 years women (Traditional Routines),<br>Broadsword Routines 40-60 years women (Traditional Routines)   |
| 14 | Sword Routines 9-11 years men (Traditional Routines),<br>Sword Routines 9-11 years women (Traditional Routines)   |
| 15 | Sword Routines 12-14 years women (Traditional Routines)   |
| 16 | Sword Routines 15-17 years men (Traditional Routines),<br>Sword Routines 15-17 years women (Traditional Routines)   |
| 17 | Sword Routines 18-39 years women (Traditional Routines),<br>Sword Routines 40-60 years women (Traditional Routines)   |

**opening ceremony** Nov. 30, 2019, 7 p.m.

**session 3** Dec. 1, 2019, 9 a.m.

| #  | event   |
|----|---|
| 1  | Cudgel Routines under 9 years men (Traditional Routines)  |
| 2  | Cudgel Routines under 9 years women (Traditional Routines)  |
| 3  | Cudgel Routines 9-11 years men (Traditional Routines)   |
| 4  | Cudgel Routines 9-11 years women (Traditional Routines)   |
| 5  | Cudgel Routines 12-14 years men (Traditional Routines)  |
| 6  | Cudgel Routines 12-14 years women (Traditional Routines)  |
| 7  | Cudgel Routines 15-17 years men (Traditional Routines)  |
| 8  | Cudgel Routines 15-17 years women (Traditional Routines)  |
| 9  | Cudgel Routines 18-39 years men (Traditional Routines),<br>Cudgel Routines 18-39 years women (Traditional Routines) |
| 10 | Cudgel Routines 40-60 years men (Traditional Routines),<br>Cudgel Routines over 60 years men (Traditional Routines) |
| 11 | Spear Routines 9-11 years men (Traditional Routines),<br>Spear Routines 9-11 years women (Traditional Routines)     |
| 12 | Spear Routines 12-14 years men (Traditional Routines),<br>Spear Routines 12-14 years women (Traditional Routines)   |
| 13 | Spear Routines 15-17 years men (Traditional Routines)   |
| 14 | Spear Routines 15-17 years women (Traditional Routines)   |
| 15 | Spear Routines 18-39 years men (Traditional Routines),<br>Spear Routines 18-39 years women (Traditional Routines)   |
| 16 | Spear Routines 40-60 years men (Traditional Routines)   |