

session 1 June 17, 2023, 9 a.m.

#	event
1	Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines
2	Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines
3	Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines, Simplified 24 Movements Taijiquan - 60 years and above women - Taijiquan Routines
4	Taijiquan 32 - 40-59 years women - Taijiquan Routines, Taijiquan 32 - 60 years and above women - Taijiquan Routines
5	42 Movements Taijiquan - 12-14 years girls - Taijiquan Routines, 42 Movements Taijiquan - 18-39 years women - Taijiquan Routines, 42 Movements Taijiquan - 40-59 years men - Taijiquan Routines
6	Yang Style Taijiquan (40 Movements) - 40-59 years men - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 60 years and above women - Taijiquan Routines
7	Taijiquan Various Styles (traditional) - 18-39 years women - Taijiquan Routines, Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines, Taijiquan Various Styles (traditional) - 40-59 years women - Taijiquan Routines
8	Chen Style Taijijian (traditional) - 18-39 years women - Taijiquan Routines
9	Yang Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines, Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines
10	42 Movements Taijijian - 12-14 years girls - Taijiquan Routines
11	Taijiquan Short Weapons (traditional) - 18-39 years women - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 40-59 years women - Taijiquan Routines
12	Taijiquan Long Weapons (traditional) - 40-59 years men - Taijiquan Routines

awarding ceremony**session 2** June 17, 2023, 2 p.m.

#	event
1	Changquan - 18 years and above men - Optional Routines (no nandu required), Changquan 3 Set - 18-39 years men - Compulsory Routines
2	Changquan - 18 years and above women - Optional Routines (no nandu required), Changquan 1 Set - Group B (12-14years) girls - Compulsory Routines, Changquan 3 Set - Group A (15-17years) girls - Compulsory Routines
3	Daoshu - 18 years and above men - Optional Routines (no nandu required), Jianshu - 18 years and above men - Optional Routines (no nandu required), Daoshu 3 Set - 18-39 years men - Compulsory Routines
4	Jianshu 1 Set - Group A (15-17years) girls - Compulsory Routines
5	Daoshu 32 Movements - Group B (12-14years) girls - Compulsory Routines, Daoshu 32 Movements - 18-39 years women - Compulsory Routines
6	Gunshu - 18 years and above men - Optional Routines (no nandu required), Qiangshu - 18 years and above men - Optional Routines (no nandu required), Gunshu 1 Set - 18-39 years men - Compulsory Routines
7	Gunshu 1 Set - Group B (12-14years) girls - Compulsory Routines, Qiangshu 2 Set - Group A (15-17years) girls - Compulsory Routines
8	Qiangshu 32 Movements - Group B (12-14years) girls - Compulsory Routines, Qiangshu 32 Movements - 18-39 years women - Compulsory Routines
9	1st Duan Changquan - under 9 years boys - Demonstration Compulsory Routines

awarding ceremony**session 3** June 18, 2023, 9 a.m.

#	event
1	Northern Styles - 18-39 years men - Traditional Routines, Northern Styles - 40-59 years men - Traditional Routines
2	Northern Styles - 18-39 years women - Traditional Routines
3	Southern Styles - 18-39 years men - Traditional Routines
4	Southern Styles - 40-59 years men - Traditional Routines
5	Southern Styles - 18-39 years women - Traditional Routines
6	Sword Routines - 18-39 years women - Traditional Routines
7	Sword Routines - 40-59 years men - Traditional Routines
8	Broadsword Routines - 18-39 years men - Traditional Routines, Broadsword Routines - 40-59 years men - Traditional Routines
9	Broadsword Routines - 18-39 years women - Traditional Routines
10	Spear Routines - 18-39 years men - Traditional Routines, Spear Routines - 40-59 years men - Traditional Routines
11	Spear Routines - 18-39 years women - Traditional Routines
12	Cudgel Routines - 18-39 years men - Traditional Routines
13	Cudgel Routines - 18-39 years women - Traditional Routines
14	Cudgel Routines - 40-59 years men - Traditional Routines
15	Other Short and Soft Apparatus R - 18-39 years men - Traditional Routines, Other Short and Soft Apparatus R - 40-59 years men - Traditional Routines

#	event
16	Other Short and Soft Apparatus R - 18-39 years women - Traditional Routines
17	Other Long Apparatus Routines - 18-39 years men - Traditional Routines
18	Other Long Apparatus Routines - 18-39 years women - Traditional Routines
19	Duilian (Set Sparring) - 18-39 years men - Traditional Routines
20	Duilian (Set Sparring) - 18-39 years women - Traditional Routines

awarding ceremony