

session 1 June 12, 2021, 10 a.m.

| # | event |
|---|--|
| 1 | Yang Style Taijiquan (traditional) 18-39 years women (Taijiquan Routines), Yang Style Taijiquan (traditional) 40-60 years men (Taijiquan Routines) |
| 2 | Yang Style Taijiquan (40 Movements) 40-60 years women (Taijiquan Routines), Yang Style Taijiquan (40 Movements) over 60 years women (Taijiquan Routines), Chen Style Taijiquan (56 Movements) 40-60 years women (Taijiquan Routines), 42 Movements Taijiquan 15-17 years boys (Taijiquan Routines), 42 Movements Taijiquan 40-60 years men (Taijiquan Routines), 42 Movements Taijiquan 40-60 years women (Taijiquan Routines) |
| 3 | Chen Style Taijiquan (traditional) 18-39 years women (Taijiquan Routines), Chen Style Taijiquan (traditional) 40-60 years men (Taijiquan Routines), Chen Style Taijiquan (traditional) 40-60 years women (Taijiquan Routines) |
| 4 | Taijiquan 32 40-60 years women (Taijiquan Routines), Taijiquan 32 over 60 years men (Taijiquan Routines), Taijiquan 32 over 60 years women (Taijiquan Routines), Taijiquan Various Styles (traditional) 40-60 years women (Taijiquan Routines) |
| 5 | Simplified 24 Movements Taijiquan 18-39 years women (Taijiquan Routines), Simplified 24 Movements Taijiquan 40-60 years women (Taijiquan Routines), Simplified 24 Movements Taijiquan over 60 years men (Taijiquan Routines), Simplified 24 Movements Taijiquan over 60 years women (Taijiquan Routines) |
| 6 | Yang Style Taijijian (traditional) 40-60 years men (Taijiquan Routines), Chen Style Taijijian (traditional) 18-39 years women (Taijiquan Routines), Chen Style Taijijian (traditional) 40-60 years men (Taijiquan Routines), Chen Style Taijijian (traditional) 40-60 years women (Taijiquan Routines), Yang Style Taiji Dao (traditional) 40-60 years women (Taijiquan Routines), Taijiquan Short Weapons (traditional) 18-39 years women (Taijiquan Routines) |
| 7 | 42 Movements Taijijian 40-60 years men (Taijiquan Routines), 42 Movements Taijijian 40-60 years women (Taijiquan Routines), Simplified 32 Movements Taijijian 40-60 years women (Taijiquan Routines), Simplified 32 Movements Taijijian over 60 years men (Taijiquan Routines) |

session 2 June 12, 2021, 3 p.m.

| # | event |
|----|--|
| 1 | Changquan Optional taolu (over 18years) men (Optional Routines (no nandu required)), Changquan Optional taolu (over 18years) women (Optional Routines (no nandu required)), Nanquan 1 Set Obligatory taolu 18-39 years men (Compulsory Routines) |
| 2 | Nanquan 1 Set Group A (15-17years) boys (Compulsory Routines), Changquan 3 Set Group A (15-17years) boys (Compulsory Routines), Changquan 3 Set Group A (15-17years) girls (Compulsory Routines) |
| 3 | Changquan 1 Set Group B (12-14years) girls (Compulsory Routines), Nanquan 1 Set Group B (12-14years) boys (Compulsory Routines) |
| 4 | Changquan 32 Movements Group C (under 12) boys (Compulsory Routines), Changquan 32 Movements Group C (under 12) girls (Compulsory Routines) |
| 5 | Daoshu Optional taolu (over 18years) men (Optional Routines (no nandu required)), Jianshu Optional taolu (over 18years) men (Optional Routines (no nandu required)), Jianshu 1 Set Obligatory taolu 18-39 years men (Compulsory Routines), Jianshu 1 Set Obligatory taolu 40-60 years men (Compulsory Routines), Jianshu 2 Set Obligatory taolu 18-39 years men (Compulsory Routines), Jianshu 3 Set Obligatory taolu 40-60 years women (Compulsory Routines) |
| 6 | Daoshu 1 Set Group A (15-17years) boys (Compulsory Routines), Jianshu 1 Set Group A (15-17years) boys (Compulsory Routines) |
| 7 | Daoshu 32 Movements Group C (under 12) boys (Compulsory Routines), Daoshu 32 Movements Group C (under 12) girls (Compulsory Routines) |
| 8 | Nangun 1 Set Group B (12-14years) boys (Compulsory Routines), Nangun 1 Set Group A (15-17years) boys (Compulsory Routines) |
| 9 | Gunshu 1 Set Obligatory taolu 18-39 years men (Compulsory Routines), Qiangshu 1 Set Obligatory taolu 18-39 years men (Compulsory Routines), Qiangshu 2 Set Obligatory taolu 18-39 years women (Compulsory Routines) |
| 10 | Gunshu 1 Set Group A (15-17years) boys (Compulsory Routines) |
| 11 | Qiangshu 2 Set Group A (15-17years) girls (Compulsory Routines) |
| 12 | Gunshu 1 Set Group B (12-14years) girls (Compulsory Routines) |
| 13 | Gunshu 32 Movements Group C (under 12) boys (Compulsory Routines), Gunshu 32 Movements Group C (under 12) girls (Compulsory Routines) |

session 3 June 13, 2021, 10 a.m.

| # | event |
|---|--|
| 1 | Southern Styles 18-39 years women (Traditional Routines), Northern Styles 18-39 years women (Traditional Routines) |
| 2 | Northern Styles 18-39 years men (Traditional Routines) |
| 3 | Southern Styles 18-39 years men (Traditional Routines) |
| 4 | Southern Styles 40-60 years men (Traditional Routines), Northern Styles 40-60 years men (Traditional Routines) |
| 5 | Broadsword Routines 18-39 years women (Traditional Routines), Sword Routines 18-39 years women (Traditional Routines) |

| # | event |
|----|---|
| 6 | Broadsword Routines 40-60 years men (Traditional Routines), Sword Routines 18-39 years men (Traditional Routines) |
| 7 | Cudgel Routines 18-39 years women (Traditional Routines), Spear Routines 18-39 years women (Traditional Routines) |
| 8 | Cudgel Routines 18-39 years men (Traditional Routines), Cudgel Routines 40-60 years men (Traditional Routines), Spear Routines 18-39 years men (Traditional Routines), Other Long Apparatus Routines 18-39 years men (Traditional Routines), Other Long Apparatus Routines 40-60 years men (Traditional Routines) |
| 9 | Other Short and Soft Apparatus R 18-39 years women (Traditional Routines) |
| 10 | Other Short and Soft Apparatus R 18-39 years men (Traditional Routines) |
| 11 | Other Short and Soft Apparatus R 40-60 years women (Traditional Routines) |
| 12 | Other Long Apparatus Routines 18-39 years women (Traditional Routines) |
| 13 | Duilian (Set Sparring) 18-39 years men (Traditional Routines), Duilian (Set Sparring) 18-39 years women (Traditional Routines) |
| 14 | Xiao Nian Tou (Shil Lim Tao) 18-39 years men (Traditional Routines), Xiao Nian Tou (Shil Lim Tao) 40-60 years men (Traditional Routines), Xun Qiao (Chum Kil) 18-39 years men (Traditional Routines), Xun Qiao (Chum Kil) 40-60 years men (Traditional Routines), Biao Zhi (Bil Jee) 18-39 years men (Traditional Routines) |
| 15 | Xiao Nian Tou (Shil Lim Tao) 18-39 years women (Traditional Routines), Xun Qiao (Chum Kil) 18-39 years women (Traditional Routines) |
| 16 | Hu Die Shuang Dao (Bart Cham Dao) 18-39 years women (Traditional Routines) |
| 17 | Hu Die Shuang Dao (Bart Cham Dao) 18-39 years men (Traditional Routines) |
| 18 | Liu Dian Ban Gun (Look Dim Boon Kwun) 18-39 years women (Traditional Routines) |
| 19 | Liu Dian Ban Gun (Look Dim Boon Kwun) 18-39 years men (Traditional Routines), Liu Dian Ban Gun (Look Dim Boon Kwun) 40-60 years men (Traditional Routines) |