

session 1 Oct. 17, 2020, 10 a.m.

#	event
1	Southern Styles - under 9 years girls - Traditional Routines
2	Southern Styles - 9-11 years boys - Traditional Routines, Southern Styles - 9-11 years girls - Traditional Routines
3	Southern Styles - 12-14 years boys - Traditional Routines, Southern Styles - 12-14 years girls - Traditional Routines
4	Southern Styles - 15-17 years boys - Traditional Routines, Southern Styles - 15-17 years girls - Traditional Routines
5	Northern Styles - 9-11 years boys - Traditional Routines, Northern Styles - 9-11 years girls - Traditional Routines
6	Southern Styles - under 9 years boys - Demonstration Compulsory Routines
7	Northern Styles - 15-17 years boys - Traditional Routines, Northern Styles - 15-17 years girls - Traditional Routines
8	Broadsword Routines - 9-11 years boys - Traditional Routines
9	Broadsword Routines - 12-14 years boys - Traditional Routines, Broadsword Routines - 12-14 years girls - Traditional Routines
10	Broadsword Routines - 15-17 years boys - Traditional Routines, Broadsword Routines - 15-17 years girls - Traditional Routines
11	Sword Routines - 15-17 years girls - Traditional Routines
12	Cudgel Routines - 9-11 years girls - Traditional Routines
13	Cudgel Routines - 12-14 years boys - Traditional Routines, Cudgel Routines - 12-14 years girls - Traditional Routines
14	Cudgel Routines - 15-17 years boys - Traditional Routines, Cudgel Routines - 15-17 years girls - Traditional Routines
15	Spear Routines - 12-14 years boys - Traditional Routines
16	Spear Routines - 15-17 years girls - Traditional Routines
17	Other Short and Soft Apparatus R - 9-11 years girls - Traditional Routines
18	Other Short and Soft Apparatus R - 12-14 years boys - Traditional Routines, Other Short and Soft Apparatus R - 12-14 years girls - Traditional Routines
19	Other Short and Soft Apparatus R - 15-17 years boys - Traditional Routines, Other Short and Soft Apparatus R - 15-17 years girls - Traditional Routines
20	Duilian (Set Sparring) - 15-17 years boys - Traditional Routines

session 2 Oct. 17, 2020, 3 p.m.

#	event
1	Wu Bu Quan - under 9 years girls - Demonstration Compulsory Routines
2	Changquan - 18 years and above men - Optional Routines (no nandu required), Changquan - 18 years and above women - Optional Routines (no nandu required), Changquan 1 Set - Group A (15-17years) boys - Compulsory Routines, Changquan 2 Set - 18-39 years women - Compulsory Routines
3	Changquan 1 Set - Group B (12-14years) girls - Compulsory Routines
4	Nanquan 1 Set - Group B (12-14years) boys - Compulsory Routines
5	Changquan 32 Movements - Group C (under 12) boys - Compulsory Routines, Changquan 32 Movements - Group C (under 12) girls - Compulsory Routines
6	Daoshu - 18 years and above men - Optional Routines (no nandu required)
7	Daoshu 1 Set - Group B (12-14years) girls - Compulsory Routines
8	Daoshu 1 Set - Group A (15-17years) boys - Compulsory Routines
9	Daoshu 32 Movements - Group C (under 12) girls - Compulsory Routines
10	Jianshu 1 Set - 18-39 years men - Compulsory Routines
11	Gunshu 32 Movements - Group C (under 12) boys - Compulsory Routines, Gunshu 32 Movements - Group C (under 12) girls - Compulsory Routines
12	Gunshu - 18 years and above men - Optional Routines (no nandu required)

session 3 Oct. 18, 2020, 10 a.m.

#	event
1	Southern Styles - 18-39 years women - Traditional Routines
2	Southern Styles - 18-39 years men - Traditional Routines, Southern Styles - 40-59 years men - Traditional Routines
3	Northern Styles - 18-39 years men - Traditional Routines, Northern Styles - 18-39 years women - Traditional Routines, Northern Styles - 40-59 years men - Traditional Routines
4	Broadsword Routines - 18-39 years men - Traditional Routines, Broadsword Routines - 18-39 years women - Traditional Routines, Broadsword Routines - 40-59 years men - Traditional Routines
5	Sword Routines - 18-39 years men - Traditional Routines, Sword Routines - 18-39 years women - Traditional Routines
6	Cudgel Routines - 18-39 years men - Traditional Routines, Cudgel Routines - 18-39 years women - Traditional Routines, Cudgel Routines - 40-59 years men - Traditional Routines
7	Spear Routines - 18-39 years women - Traditional Routines
8	Other Long Apparatus Routines - 18-39 years women - Traditional Routines
9	Other Long Apparatus Routines - 40-59 years men - Traditional Routines
10	

#	event
	Other Short and Soft Apparatus R - 18-39 years men - Traditional Routines, Other Short and Soft Apparatus R - 18-39 years women - Traditional Routines, Other Short and Soft Apparatus R - 40-59 years men - Traditional Routines